

Staff Update

We would like to welcome our new relief secretary **Judith Annakie-Erikson** to the practice. We would also like to welcome **Rebecca Carter** our new apprentice, Rebecca will be working in dispensary and with the admin team.

We will be welcoming back **Dr Satish Singh** in November as he returns from his 3 month sabbatical. Thank you to **Dr Nitin Thacker** who has provided locum cover during Dr Singh's absence.

Congratulations to **Anya Parker** and **Phoebe Starling** for successfully completing their NVQ Level 2 Business and Administration Apprenticeships. We are very pleased to report that Phoebe will be continuing to work at the surgery as part of the dispensary and administrative team and Anya plans to further her career within the NHS. We wish them both every success in the future.

Hearing Support Service – Mobile Clinic

The mobile clinic will be at Staithe Surgery 10am -12pm on
17th October
21st November
19th December

For retuning, cleaning and supplying batteries for NHS hearing aids.
Advice about support groups for sign language, tinnitus and hearing.
Information about assistive listening technology and lipreading.

Useful Contact Numbers

Emergencies/Life threatening conditions – 999
Out of Hours – 111 (the new NHS number)
Norfolk & Norwich University Hospital – 01603 286286
James Paget University Hospital – 01493 452452
Cromer Hospital – 01263 513571
Norfolk Carers Support – 01603 219924
Children & Young People's Health Services – Health Visitor/School Nurse or health advice – 0300 300 0123



STAITHE SURGERY

Newsletter – Autumn 2019



For general information about the surgery visit www.staithesurgery.co.uk



Staithe Surgery Flu Vaccinations

Our first flu clinic was held from the week of the 30th of September. This clinic was held for patients over the age of 65. If you did not attend for your vaccine during this time please contact the surgery to arrange an appointment.

We now have clinic dates available to book for **eligible under 65 patients** which will be held on:

Monday 14th October - evening
Tuesday 15th of October - morning
Thursday 17th of October - afternoon
Monday the 4th of November – evening

Please contact the surgery to arrange an appointment for your vaccination. If you are unable to make these clinics we will be holding further clinics in November / December.

LATE NIGHT CLINIC

Staithe Surgery will be unable to offer an evening clinic on Monday 21st October 2019; we will be closing at 6.00pm.

We apologise for the inconvenience caused and thank you for your understanding.

Childhood Flu Vaccine



All children aged 2, and 3 years old will be sent an invitation to attend the surgery for the flu vaccine which is administered by nasal spray rather than injection – Children who are 4 years old are also eligible for the flu vaccination provided they were 3 on the 31st of August. **Please wait for us to contact you to arrange an appointment and look out for updates on our Facebook page.**

Primary school children will be offered their vaccination in school.



Facebook Page

Staithe Surgery now has a Facebook page. Please follow our page for helpful information and updates

Macmillan Coffee Morning

Thank you to all those who attended our Macmillan Coffee Morning on the 11th of November, we raised a total of £ 160.00.

Repeat Prescriptions

3 working days' notice is required when ordering repeat prescriptions.

This does not include weekend days or bank holidays.

Please remember to take your medication with you on holiday. In case you forget, please carry an up to date list of your medications with you, which you can then take to a local GP surgery in order to obtain your medication.

IMPORTANT NOTE: If you are signed up for our Managed Repeats Service, please remember to bring in your green Managed Repeats card when collecting your medications. Thank you.

Calling all local Artists!

We are looking for local artists to display their artwork here in the surgery. If you have some art you would like displayed in the waiting rooms, please speak to a member of our reception team.



SystemOnline App

If you are registered for online services, the SystemOnline app is available for Apple and Android devices. It can be downloaded free of charge from the relevant app store.

The app allows patients to manage any aspect of their healthcare all from one place. It offers much of the same functionality as the online service. The app has extra functionality to the online service to promote patient responsibility for their care. This additional functionality includes:

- Adding appointments to the phone calendar and set reminders.
- The potential to use integrated Google Maps functionality to identify nearby NHS services.

